

## *Prof. Dr. phil. Elisabeth Schramm*



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### **Biosketch**

Prof. Dr. Schramm is a clinical psychologist and an international expert in depression treatment, specialized in the area of psychotherapy research. She is Head of the Section "Psychotherapy in Psychiatry" at the University Medical Center, Freiburg, Germany.

Originally trained and certified in Cognitive and Behavioral Therapy, Dr. Schramm is also a certified therapist, trainer and supervisor in Interpersonal Psychotherapy and in Cognitive Behavioural Analysis System of Psychotherapy (CBASP) and trained in mindfulness based therapies. She introduced several depression specific approaches to the German speaking countries and has published numerous national and international scientific articles, books & book chapters, and reviews.

She was a visiting professor in psychiatry and psychology at the Universities of Pittsburgh, PA and of California, Los Angeles, CA from 1993-95 and between 2009 and 2011 at the University of Colorado and Naropa-University (Buddhist Inspired Contemplative Learning), Boulder, CO.

She is founder of the "Training Institute for Evidenced Based Psychotherapy", founder and president of the [International Network for CBASP](#) and founder and president of the [German Society for Interpersonal Psychotherapy](#). Dr. Schramm completed the Coaching & Leadership Education at the Coaches Training Inst., Sebastopol, CA.